

FOR IMMEDIATE RELEASE
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MEDIA CONTACT

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recharj®, First Power Nap Studio in the U.S., Expands with Bethesda Location
recharj® Bethesda Offers Enriching Meditation Classes, daily Power Naps, and Corporate Wellness Workshops

Bethesda, MD – recharj®, a restorative practices outfit bringing modern meditation and power naps to harried city-dwellers, is growing its footprint into Bethesda. In partnership with the Washington Center for Women and Children’s Wellness (WCWCW), recharj® will celebrate its Washington metropolitan area expansion with an open house at its newest recharj® location on Wednesday, November 15th, from 4-7pm in Bethesda. The new recharj® Bethesda studio is located at the Westmoreland Building off Democracy Boulevard.

“We’re excited to bring restorative and contemplative practices to an already rich community of medical and healthcare professionals,” founder Daniel Turissini comments. “Bethesda has welcomed us with open arms.” Turissini confirms that he is in search of the best studio operators, teachers, entrepreneurs and investors to further expand the recharj® brand: “We are on a mission to help people develop calm and balanced minds by bringing an approachable and enriching wellness experience unlike anything else.”

Staying true to the brand’s mission to carry out environmentally sound and sustainable practices, both studio locations feature green building techniques, including floating bamboo floors, recyclable materials, energy efficient therapy lighting and sound-dampening drapery.

The 3-hour open house will feature light refreshments, free meditation classes, discounted membership pricing, raffle drawings and free power naps. Guests who sign up for the monthly membership packages are eligible for a \$100 American Express Travel Gift Card at the event.

With the announcement of the second location, recharj® plans to extend its signature “Mindfulness at Work” Corporate office programs. The “Mindfulness at Work” programs place highly qualified, team-building and mindfulness Practitioners in businesses looking to enhance Corporate wellness programs and improve employee achievement. recharj® currently serves over 50 corporate clients in the greater DC area.

recharj® – Washington, DC
[1445 New York Ave NW, Suite 130](#)
[Washington, DC 20005](#)
202.347.4594

recharj® – Bethesda (new location)
[6430 Rockledge, Suite 400](#)
[Bethesda, MD 20817](#)
301.881.9464

About recharj®

recharj® strives to increase awareness and widespread adoption of meditation and power napping by making it accessible to all levels through a variety of traditions, convenient class times and prime studio locations. The company’s unique, diverse, and approachable style combines sound, light, nature, breath, and community to create a one-of-a-kind experience. recharj® meditation classes are taught by warm and skillful certified meditation instructors. In addition to meditation classes and powernap sessions, recharj® offers transformative Corporate Wellness Programs to empower business professionals to become more productive and advance their individual practice. recharj®’s beautiful, eco-therapeutic studios are built with sustainable practices in mind and leverages the latest technology. recharj® was founded in 2014 by Daniel J. Turissini. For more information, please visit www.recharj.com.

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